

ANATOMY

Lung lobes: one having lingula, lobe numbers

Hi Yield [ID 3100]

Lingula is on **L**eft.

The lingula is like an atrophied lobe, so the left lung must have 2 "other" lobes, and therefore right lung has 3 lobes.

Knowledge Level 1, System: Pulmonary

Teresa Myers Student, UNC

Broad ligament: contents

[ID 2995]

BROAD:

Bundle (ovarian neurovascular bundle)

Round ligament

Ovarian ligament

Artifacts (vestigial structures)

Duct (oviduct)

Knowledge Level 1, System: Reproductive

David Colbert UWA Medicine

BIOCHEMISTRY

Coagulation common pathway: factors in order

Hi Yield [ID 3014]

10 + 5 - 2 = 13

Coagulation common pathway:

Factor **X** to Factor **V** to Factor **II** to Factor **XIII**

Knowledge Level 1, System: Cardiovascular

John Chung University of Hawaii John A. Burns School of Medicine

CARDIOLOGY

Aortic regurgitation: causes

[ID 3074]

CREAM:

Congenital

Rheumatic damage

Endocarditis

Aortic dissection/ **A**ortic root dilatation

Marfan's

Knowledge Level 3, System: Cardiovascular

Jamal Khan Birmingham University Medical Student

Murmurs: louder with inspiration vs expiration

Hi Yield [ID 3061]

Left sided murmurs louder with **E**xpiration

Right sided murmurs louder with **I**nspiration.

Knowledge Level 3, System: Cardiovascular

Anonymous Contributor

Murmurs: questions to ask

[ID 3073]

SCRIPT:

Site

Character (eg harsh, soft, blowing)

Radiation

Intensity

Pitch

Timing

Knowledge Level 2, System: Cardiovascular

Jamal Khan Birmingham University Medical Student

EMERGENCY MEDICINE

ARDS: diagnostic criteria

[ID 2906]

ARDS:

Acute onset

Ratio (PaO₂/FiO₂) less than 200

Diffuse infiltration

Swan-Ganz Wedge pressure less than 19 mmHg

Knowledge Level 6, System: Pulmonary

Fahed Al-Daour

INTERNAL MEDICINE / FAMILY PRACTICE

Wheezing: causes

Hi Yield [ID 2905]

ASTHMA:

Asthma

Small airways disease

Tracheal obstruction

Heart failure

Mastocytosis or carcinoid

Anaphylaxis or allergy

Knowledge Level 3, System: Pulmonary

Anonymous Contributor

INTERVIEWING / PHYSICAL EXAM

Clinical examination: initial inspection of patient from end of bed

[ID 3076]

ABC:

Appearance (SOB, pain, etc)

Behaviour

Connections (drips, inhalers, etc connected to patient)

Knowledge Level 2, System: Other/Miscellaneous

Jamal Khan Birmingham University Medical Student

OBSTETRICS / GYNECOLOGY

Multiple pregnancy complications

Hi Yield [ID 2871]

HI, PAPA:

Hydramnios (Poly)

IUGR

Preterm labour

Antepartum haemorrhage

Pre-eclampsia

Abortion

Knowledge Level 3, System: Reproductive

Ashley Liew University of Glasgow, UK

Omental caking: likeliest cause

Hi Yield [ID 2985]

Omental CAking = Ovarian CA

"Omental caking" is term for ascities, plus a fixed upper abdominal and pelvic mass. Almost always signifies ovarian cancer.

Knowledge Level 2, System: Reproductive

Anonymous Contributor

OPHTHAMOLOGY / OPTOMETRY

Cataracts: causes

Hi Yield [ID 2845]

CATARAct:

Congenital

Aging

Toxicity (steroids, etc)

Accidents

Radiation

Abnormal metabolism (diabetes mellitus, Wilson's)

Knowledge Level 2, System: Nervous

Anonymous Contributor

PATHOLOGY

Hirsutism vs. virilism

Hi Yield [ID 2839]

Hirsutism: Hair on body like a male.

Virilism: Voice and rest of secondary sexual characteristics like a male.

Knowledge Level 1, System: Endocrine

Anonymous Contributor

Megaloblastic anemia: vitamin B12 deficiency vs. folate deficiency

Hi Yield [ID 2910]

Vitamin **B12** deficiency also affects **Brain** (optic neuropathy, subacute combined degeneration, paresthesia).

Folate deficiency is not associated with neurological symptoms.

Knowledge Level 1, System: Lymphoid

Glen Davis Cornell University Medical College

PHARMACOLOGY

Tricyclic antidepressants (TCA): side effects

Hi Yield [ID 2878]

TCA'S:

Thrombocytopenia

Cardiac (arrhythmia, MI, stroke)

Anticholinergic (tachycardia, urinary retention, etc)

Seizures

Knowledge Level 2, System: Nervous

Anonymous Contributor

PSYCHIATRY

Mania: diagnostic criteria

Hi Yield [ID 3029]

Must have 3 of **MANIAC**:

Mouth (pressure of speech)/ **M**ood

Activity increased

Naughty (disinhibition)

Insomnia

Attention (distractability)

Confidence (grandiose ideas)

Knowledge Level 1, System: Nervous

Waqar Ahmed Queens University, Belfast

RADIOLOGY / ONCOLOGY

Chest X-ray interpretation

[ID 2900]

Preliminary is **ABCDEF**:

AP or **P**A

Body position

Confirm name

Date

Exposure

Films for comparison

Analysis is **ABCDEF**:

Airways (hilar adenopathy or enlargement)

Breast shadows/ **B**ones (rib fractures, lytic bone lesions)

Cardiac silhouette (cardiac enlargement)/ **C**ostophrenic angles (pleural effusions)

Diaphragm (evidence of free air)/ **D**igestive tract

Edges (apices for fibrosis, pneumothorax, pleural thickening or plaques)/ **E**xtrathoracic tissues

Fields (evidence of alveolar filling)/ **F**ailure (alveolar air space disease with prominent vascularity with or without pleural effusions)

Knowledge Level 6, System: Pulmonary

Fahed Al-Daour

SURGERY

Varicose veins: symptoms

Hi Yield [ID 3080]

AEIOU:

Aching

Eczema

Itching

Oedema

Ulceration/ **U**gly (LDS, haemosiderin, varicosities)

Knowledge Level 2, System: Cardiovascular

Jamal Khan Birmingham University Medical Student